

Health & Wellness Packages

- ✓ Liver Love
- ✓ Digestive Harmony
- ✓ Lymphatic Flow

BOOK HERE »

ONLINE & IN-PERSON



Fresh Additions:

- + Advanced ThetaHealing
- + Akurra Astrology Readings
- + Compression Therapy Boots
- + Mindfulness Meditation
- Group Work and Events
- + Temple on Earth

A book of self-discovery
downloadable from our website.

Escape to Imbibe

From relaxation treatments to deeper therapeutic muscle recovery, we endeavour to nourish and repair our clients. All our therapists are qualified professionals, located in the picturesque Ningaloo. Rebates available with certain healthcare providers. Find your home base within by visiting our healing hub or booking an appointment.

“

I have had many massages but this was by far the best! The therapist was extremely intuitive and knew where my body needed more attention. I wish they were in Perth!

T. Kolarov

”

Find us online



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www.imbibebodytherapy.com



The Holistic Specialists

Treatment Menu

Massage

Therapeutic Sessions

Holistic Facials

Sound Alchemy

Energy Healing

Gift + Retail Store

0427 198 342

Treatment Menu

MASSAGE

Remedial

One of our most popular treatments. It benefits in the recovery of physical muscle tension and pain from injury. Increases performance and integrity in the body, improving flexibility and endurance as well as providing relaxation.

Sports

Aiding those with physically demanding lifestyles in achieving greater recovery and preventing injury. Working on body injuries and rehabilitation, muscular and joint realignment, muscular cramps and physical fatigue.

Relaxation

Incorporating the use of essential oils, you can de-stress the mind and body with long flowing movements to create calm, stillness and peace finishing with a head massage.

Pregnancy

A replenishing massage available from 12 weeks onwards to assist in maintaining balance and restoration, aches arising from pregnancy and slow tissue healing.

Lymphatic

Cleanses your physical body of toxins, stimulates detoxification and improves vitality.

Shiatsu or Tuina

We use gentle and deep pressure using traditional Japanese and Chinese methods that release energy blockages and a focus on meridians. Oil or no oil application is possible.

30min \$87

60min \$120

90min \$190

120min \$249

THERAPEUTIC SESSIONS

Myofascial Dry Needling or Cupping

This technique uses fine needles applied to affected muscles or trigger points to relieve muscle contraction, tightness or pain, increase blood flow and stimulate tissue healing.

Craniosacral Therapy

A gentle calming approach to healing the whole body, reduce pain, detox the brain, heal trauma, unravel and expand old fascial patterns and feel ready for a dreamy sleep after your session.

Ancient Hawaiian Lomi Lomi

Embody the ocean with rhythmical waves of energy for a full body experience. Feel refreshed balanced and alive. Abdominal/chest optional.

Soothing Warm Stone or Lava Shell

Relieve tension the easiest way. We use cold or warm rocks, or lava shells. Stimulating circulation and blood flow, pain relief and stress reduction. Soothe and deeply rest your mind and body.

Ayurvedic Shirodhara

An ancient Ayurvedic head ritual activating the parasympathetic nervous system for deep rest and repair. Enjoy a soothing scalp massage that softens wiry hair, restores shine and leaves you feeling deeply replenished. Personalised with Ayurvedic Vata, Pitta or Kapha oils, with oil, water or milk options. Prana flow. Add on - Reflexology.

30min, 60min, 90min or 120min From \$87

ADVANCED THETAHEALING

A meditative ThetaHealing that works on all levels of mind, emotions, physical body and spirit. Reprogramming fears, traumas, outdated and negative core beliefs, past life and genetics. Uncover a new feeling of soul connection and lightness in energy.

30min \$99

60min \$149

90min \$199

FACIALS

Holistic Facial

Detoxify your skin, rehydrate with marine collagen and a nourishing clay mask. Includes a luxurious guasha facial massage designed to sculpt and increase lymphatic flow.

60min \$122

Advanced Holistic Cosmetic Acupuncture

Prompting your skin's ability to regenerate and tone facial muscles, reducing signs of ageing. Increases collagen and moisture production. Optional hydrating or purifying masks.

60min \$125 or **90min** \$195

SIGNATURE PACKAGES

Massage & Facial Packages

Bronze	Silver	Gold
60mins	90mins	120mins
\$149	\$195	\$255

HEALING SESSIONS

Seichim & Reiki Energy

\$155

Alchemic Sound Journey

From \$37 | 1:1 \$110

AKURRA ASTRO-THERAPY

Discover your astrology birth code, a new sense of self - analysis of Natal/Birth Chart, Sun/ Moon/ Ascendant, Planets/ Transits, Aspects, Strengths/ Weaknesses, Forecast Insights, Returns, Love, Career Relationships, Soul Purpose. To find the gold. A Tarot reading is optional.

The Story	The Goddess Temple
\$120 (60mins)	\$220 (90mins)